



Helen McGuinness

A D V A N C E D A E S T H E T I C S

Treatment Price List 2026

20%* off 1st Treatment for NEW CLIENTS

(*20% off applies to Full price treatments only, and not special offers)

Book your complimentary 15-minute consultation to discuss treatment goals, costs and suitability.

Chandlers Ford Clinic 18 Ford Avenue - Chandlers Ford - Hampshire - SO63 3AZ

Southampton Clinic: 1st Floor - 26 The Avenue – Southampton – Hampshire – SO17 1XL

Tel: 023 8017 3565

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Anti-Wrinkle (Botox) Injections

Antiwrinkle injections help to reduce the appearance of fine lines and wrinkles caused by facial expressions. They relax the targeted muscles giving a smoother, less tired, more youthful look. A face-to-face consultation is required with our Nurse Prescriber before you have treatment.

Standard Treatment Areas

(Forehead, Frown Lines & Crow's Feet)

1 Standard treatment area - Crow's Feet	£165
2 Standard treatment areas - Forehead and Frown Lines	£195
3 Standard areas – Crow's Feet, Forehead and Frown Lines	£245
Surcharge for more extensive wrinkles / stronger muscles	£95

Advanced Anti-Wrinkle Injections

(Additional Advanced Areas taken at same appointment)

Prices are based on having small areas injected at same appointment as standard areas treated.

Small Areas - Bunny lines, brow lift, downturned mouth etc. Each small area £45

Medium Areas: lip flip, lip lines or dimpled chin £75

Larger areas (Prices below are based on having larger areas injected at a separate appointment.)

If you have these treated at the same appointment time as standard areas, a 20% discount is applied.

Jawline (Masseters) £235

Neck Bands (Platysma) £235

Nefertiti Neck lift £235

Treatment for Excessive Sweating (Underarms) £325

Dermal Fillers

Dermal fillers Designed to restore lost volume, smooth static lines and help enhance facial features. They also define facial contours and create a more balanced, youthful and rejuvenated look. Treatments are based on the amount (mls) needed and the extent of work required in treatment area.

Standard Dermal Filler Areas

Signature Lip Augmentation (1ml)	£225
Cheek Augmentation (2ml)	£325
Nose to Mouth, Marionettes, or Perioral Lines	
▪ Fine Lines (1ml)	£195
▪ Deep lines (2ml)	£350

Advanced Dermal Filler Areas

Chin Augmentation (1ml / 2ml)	£250 / £350
Cheek contouring (2ml / 4ml)	£350 / £550
Jawline contouring / definition (2ml / 4ml)	£350 / £550
Tear trough (under eye hollowing) 1ml / 2ml	£295 / £395
Temple Restoration 1ml / 2ml	£250 / £350
Additional ml either at time of treatment or within 4 weeks of original appointment.	£175

Advanced Dermal Filler Volume Restoration Filler Packages

An advanced specialized signature treatment of Helen's which works out better value than when you need treatment in several areas of the face. Recommended when you have more advanced signs of ageing in multiple areas or have lost weight/volume from the face.

6ml Volume Restoration package (part)	£795
8ml Volume Restoration package (part)	£995
10ml Volume Restoration package (full)	£1,295
12ml Volume Restoration package (full)	£1,495
8 Point Face Lift up to 4ml	£595

Skin Boosters

A form of regenerative injectable designed to **improve skin quality, hydration, improving firmness, elasticity,** whilst **giving your skin a radiant glow.**

Priced according to treatment area/s: face, neck, hands, decollete, and the amount used in mls.

Profilo (Classic) Face (2ml)

- **Single /maintenance** £225
- **Course of 2 (per treatment)** £195

Profilo Face & Neck (4ml)

- **Single /maintenance** £395
- **Course of 2 (per treatment)** £350

Profilo Structura (2ml)

- **Single /maintenance** £275
- **Course of 2 (per treatment)** £250

Other Brands Face (Lumi Pro) 2ml

- **Single /maintenance** £150
- **Course of 2 (per treatment)** £130

Other Brands Face & Neck (Lumi Pro) 4ml

- **Single /maintenance** £275
- **Course of 2 (per treatment)** £250

Skin Booster Packages

Personalised Skin booster packages are available and generally work out better value when requesting several areas to be treated together at the same appointment. Please enquire for more information.

Polynucleotide Skin Boosters

A specialized and revolutionary form of regenerative injectable that uses DNA fragments from salmon to **stimulate skin repair, boost collagen production, deeply hydrate and improve skin quality at a cellular level.**

Areas that can be treated include face (2ml), neck (2ml), hands (2ml), décolleté (2ml), lips (1ml) and under eyes (1 or 2ml).

PN Skin Booster (2ml) Face

- **Single /maintenance** £225
- **Course of 3 (per treatment)** £195

PN Skin Booster (4ml) Face & Neck

- **Single /maintenance** £395
- **Course of 3 (per treatment)** £250

PN Skin Booster (under eye) 2ml

- **Single /maintenance** £195
- **Course of 3 (per treatment)** £175

Polynucleotide Skin Booster Packages

Personalised PN Skin booster packages are available and generally work out better value when requesting several areas to be treated together at the same appointment. Please enquire for more information.

NEW: Puri-Coll Rh (Collagen Skin Booster)

A superb new regenerative injectable product that combines **100% human identical collagen (types I and III), hyaluronic acid, polynucleotides and multi peptides.** Highly recommended if you have noticeable changes in your skin (sagging, loss of firmness, dehydration) due to perimenopause/menopause or medication.

Puri-Coll Rh (2.5ml)

- **Single /maintenance** £175
- **Course of 2 (per treatment)** £160
- **Course of 3 (per treatment)** £150

- **Course of 4** (per treatment)

£140

NEW: PLLA Biostimulator Injectables

Unlike traditional dermal fillers that add immediate, temporary volume, PLLA fillers work gradually to strengthen the skin's foundation and restore its structural integrity from within. They are ideal for long-term volume, reduction in fine lines and structural improvements. They have long-lasting results (up to several years) that develop gradually over months as collagen is produced. Treatments are priced per vial and the number of vials required will depend on the amount of treatment areas. Please note that treatments may require more than 1 vial, if covering multiple areas.

- **1 vial** £325
- **2 vials (per vial)** £295
- **3 vials (per vial)** £275
- **4 vials (per vial)** £265

For best results, courses of 2-3 are recommended, with up to 4 for significant volume loss. Discounts available for packages. Please enquire for details.

NEW: HM Signature Facial Rejuvenation Treatments

The HM Signature treatments described below have been uniquely designed personally by Helen to be multi layered for maximum effectiveness and are most suitable to problems skins.

HM Signature Facials for Problem Skins

HM Signature 'Skin Reboot'

45 mins

A unique combi of the HydraGlow Express with targeted Cold plasma therapy to supercharge and enhance results. *Ideal for clients with Acne/Rosacea/Problem skins*

- **Single /maintenance** £110
- **Course of 4** (per treatment) £95

HM Signature 'Calm, Control & Balance'

60 mins

A unique combi of Cold plasma *with* Radiofrequency (RF) Microneedling. *Recommended for acne prone skins, active acne (inflamed) and cystic acne.*

- **Single /maintenance** £195
- **Course of 4** (per treatment) £175
- **Course of 6** (per treatment) £150

HM Signature HydraGlow Facials (for all skin types)

The HM Signature HydraGlow Facials are suitable for all skin types and budgets.

They promote skin health by deeply cleansing, exfoliating, and infusing the skin with essential serums for hydration and nourishment to give a radiant glow to the skin.

The HM Signature Glass Skin facial is a **NEW** multi layered procedure, designed by Helen personally for all skin types, in which skin will look instantly brighter, radiant and more youthful.

Express HydraGlow Facial

30 mins

An intensive cleanse, exfoliation, extraction & hydration, leaving skin with an immediate improvement in texture, hydration, and glow.

- **Single /maintenance**
- **Course of 4** (per treatment)

£85

£75

Classic HydraGlow Facial

45 mins

An intensive cleanse, exfoliation & hydration is followed by skin tightening, a hydrating mask and LED therapy, leaving your skin with an immediate improvement in texture, hydration, elasticity and glow.

- **Single /maintenance**
- **Course of 4** (per treatment)

£110

£95

Deluxe Booster HydraGlow Facial

60 mins

Our most luxurious version of the HydraGlow which includes all the steps of the Classic, but has the additional benefits of oxygenation, along with personalized skin boosting serums.

- **Single /maintenance**
- **Course of 4** (per treatment)

£125

£110

NEW: HM Signature 'Glass Skin' Facial

45 mins

A unique combi of *Hydradermabrasion*, *Oxygenation*, and *meso infusion* of a peptide powered *cocktail tailored to your skin's needs*. Deeply hydrates, leaving your skin with a smooth, skin brightening dewy finish & a luminous glow.

- **Single /maintenance**
- **Course of 4** (per treatment)

£125

£110

HM Signature Facial Rejuvenation for Mature Skins / Anti-ageing

The HM Signature treatments described below have been uniquely designed personally by Helen to be multi layered for maximum effectiveness. Although suitable for all skin types they are designed specifically for skins showing signs of ageing.

HM Signature 'Lift, Hydrate & Tighten'

45 mins

A powerhouse trio of cold plasma, electroporation & radio frequency to address multiple advanced signs of skin ageing, & skin changes due to the menopause.

- **Single /maintenance** £125
- **Course of 4** (per treatment) £110
- **Course of 6** (per treatment) £100

HM Signature 'HydraTight' Facial

45 mins

A powerful intensive hydration, skin tightening & skin rejuvenation Facial using Apollo duet radio frequency, electroporation, and iontophoresis.

- **Single /maintenance** £110
- **Course of 4** (per treatment) £95

NEW: HM Signature 'Mesotox' Anti-wrinkle Skin Rejuvenation

30 mins

New and exclusive duo of peptide powered 'Mesotox' injections for targeted wrinkle reduction to upper and lower face, combined with cold plasma for added skin rejuvenation.

- **Single /maintenance** £165
- **Course of 2** (per treatment) £150
- **Course of 4** (per treatment) £140

HM Signature 'Advanced Eye Lift'

45 mins

Designed to lift, tighten & brighten the whole periorcular area, using vacuum, cold plasma, RF microneedling with eye rejuvenation booster & eye mask.

- **Single /maintenance** £175
- **Course of 2** (per treatment) £160
- **Course of 4** (per treatment) £150

NEW: Derma RF Pro Microneedling

Next generation of Advanced RF Microneedling to deliver superb results in non-surgical face/neck lifting, skin tightening, reduction in skin laxity & jowling, wrinkle reduction *and* improved skin texture, tone & luminosity. Unlike traditional microneedling treatments that require multiple passes, the Derma R|F Pro **works three times deeper in just one pass, minimizing discomfort and downtime while maximizing your results.**

Derma RF Pro (Full Face lift)

45 mins

Includes treatment of the following areas:

Forehead: reducing wrinkles, frown lines, and creasing.

Periorbital /Eye Area: treating crow's feet, sagging eyelids, and crepy skin.

Cheeks: minimizing pores, reducing acne scars, and lifting.

Jawline and Jowls: tightening sagging skin and contouring the lower face.

Perioral/Mouth Area: softening marionette lines and smoker's lines.

- **Single /maintenance** £250
- **Course of 2** (per treatment) £225
- **Course of 4** (per treatment) £195

Derma RF Pro (Full Face & Neck lift)

60 mins

Includes treatment of the following areas:

Forehead: reducing wrinkles, frown lines, and creasing.

Periorbital /Eye Area: treating crow's feet, sagging eyelids, and crepy skin.

Cheeks: minimizing pores, reducing acne scars, and lifting.

Jawline and Jowls: tightening sagging skin and contouring the lower face.

Perioral/Mouth Area: softening marionette lines and smoker's lines.

Neck: Includes treatment to the neck, under chin and the jawline to firm saggy neck tissue and reducing horizontal lines and reduce fat and contour the submental area.

- **Single /maintenance** £295
- **Course of 4** (per treatment) £250
- **Course of 6** (per treatment) £225

Derma RF Pro (Neck only)

30 mins

Neck: Includes treatment to the neck, under chin and the jawline to firm saggy neck tissue and reducing horizontal lines and reduce fat and contour the submental area.

- **Single /maintenance** £195
- **Course of 4** (per treatment) £175
- **Course of 6** (per treatment) £150

Derma RF Pro (Body: Upper Arm)

45 mins

Upper arms: Effectively reduces skin laxity and sagging on the inner and outer upper arms, reducing crepiness, leading to smoother, firmer-looking skin. The depth of the needles is adjustable to tailor the treatment to the specific thickness and condition of the arm skin

- **Single /maintenance** £225
- **Course of 4** (per treatment) £195
- **Course of 6** (per treatment) £175

Derma RF Pro (Body: Abdomen/ Tummy tightening)

45 mins

Abdomen: Targets saggy, lax, or crepey skin on the abdomen, especially for tightening the area after pregnancy or weight loss. Helps break down scar tissue and promote collagen, reducing the appearance of stretch marks and smoothing skin texture and skin elasticity.

- **Single /maintenance** £350
- **Course of 4** (per treatment) £295
- **Course of 6** (per treatment) £250

Plasma Fibroblast (Skin tightening)

60 mins

Prices are *per treatment* and *per treatment area*. Please note some areas may need more than one treatment to maximize results.

- **Upper Eyelid Tightening** £295
- **Under Eye Tightening** £295
- **Forehead lines /accordion lines /marionettes** £225
- **Lip lines / nasolabial folds / crow's feet** £195
- **Jowl / jawline lift** £350
- **Neck tightening (part) / Neck tightening (full)** £295 / £495

Book 2 or more areas to be treated at the same apt and **get 25% reduction off the total cost.**

Follow-up treatments also qualify for a 25% reduction.

Chemical Peels

Superficial Chemical Peel

Pink Peel Pro

15 mins

This clinical-grade multi-acid superficial skin peel helps to improve skin tone, texture, reduce signs of aging, acne/pore debris, and lighten pigmentation.

- **Single /maintenance** £75
- **Course of 4 (per treatment)** £70

Medium Depth Chemical Peel

Biorepeel Medium Depth Peel (TCA 35%)

30 mins

Medical grade two phase peel with exceptional performance of biostimulation, revitalization & peeling.

- **Single /maintenance** £120
- **Course of 4 (per treatment)** £110

Intramuscular Vitamin Injections

5-10 mins

Intramuscular Vitamin injections are a fast way of introducing important vitamins into the body to give it a much-needed boost and are for wellness.

Vitamin C

- **Single Shot** £35
- **Course of 4** £125

Vitamin B12

- **Single Shot** £35
- **Course of 4** £125

Vitamin D3

- **Single Shot** £50
- **Course of 4** £175

Biotin (Vitamin B7)

- **Single Shot** £60
- **Course of 4** £215

Electrolysis

The only progressively **permanent method of hair removal**. Ideal for small areas of facial hair. Using the superior Sterex Blend Method for **less regrowth, less discomfort and treatment of distorted follicles**). Can be used on **all skin and hair types**. Treatment requires regular, repeated sessions, often over many weeks and months, during which the hair regrows softer and finer, until it stops growing permanently.

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| ▪ Up to 15 mins | £40 |
| ▪ Up to 20 mins | £45 |
| ▪ Up to 30 mins | £55 |

Skin Blemish / Lesion Removal (ACP)

A.C.P uses a shortwave diathermy current to cauterise or destroy the blemish/ lesion to leave the treated area neat and tidy. Sessions are priced on time taken to remove blemishes and lesions.

NB. Some blemishes/lesions may require several treatments. Free consultations available to advise session time required.

Small Skin Blemishes (veins, spider naevi, blood spots, milia)

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| ▪ 5 minutes of treatment | £55 |
| ▪ 15 minutes treatment | £95 |
| ▪ 30 minutes' treatment | £125 |
| ▪ 45-minute treatment | £175 |
| ▪ 60-minute treatment | £190 |

Skin Lesion Removal (skin tags, age spots, seborrheic keratosis, warts etc.)

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|-----------------------|------|
| ▪ 5-minute treatment | £75 |
| ▪ 15-minute treatment | £125 |
| ▪ 30-minute treatment | £150 |
| ▪ 45-minute treatment | £195 |
| ▪ 60-minute treatment | £250 |

Small Benign Moles*

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| ▪ 1 x Small Benign Mole | £150 |
| ▪ Additional cost per Mole when removed at the same appointment. | £120 |

***NB - Written Doctors' confirmation that the mole is benign is required before commencing treatment.**

Fat Dissolving Injections

45-60 mins

A fast, safe, non-surgical solution for treating stubborn pockets of fat which are unresponsive to diet and exercise alone. For best results, a course of treatments is recommended (at least 2 for small areas, between 2-4 for medium areas and between 4-8 for larger areas.)

Small area (submental fat, chin)

- **Single Treatment** £95
- **Course of 2** (per treatment) £85

Medium area (inner thigh, outer thigh, upper arms, side of bra fat)

- **Single Treatment** £175
- **Course of 2** (per treatment) £160
- **Course of 3** (per treatment) £150
- **Course of 4** (per treatment) £140

Large area (abdomen, thighs, buttocks)

- **Single Treatment** £250
- **Course of 2** (per treatment) £225
- **Course of 3** (per treatment) £205
- **Course of 4** (per treatment) £195

Multi area packages

Have 2 or more areas injected at one appointment and get 20% reduction on the total cost.

HM Exclusive 'Fat Dissolve, Contour & Tighten' Treatment Package

'Fat Dissolve, Contour & Tighten' Body treatment has been designed by Helen McGuinness Aesthetics and is a powerful treatment combination package of Fat dissolving injections with the use of advanced technologies like the Derma RF Pro in order to supercharge results with body contouring, fat reduction, and skin tightening.

For best results we recommend a minimum of **4 combination treatments** for medium size areas. Larger, more extensive areas may need additional treatments to get the best results.

- **Medium areas** (fat dissolving and Derma Rf Pro) per treatment £295
- **Larger areas** (fat dissolving and Derma Rf Pro) per treatment £395